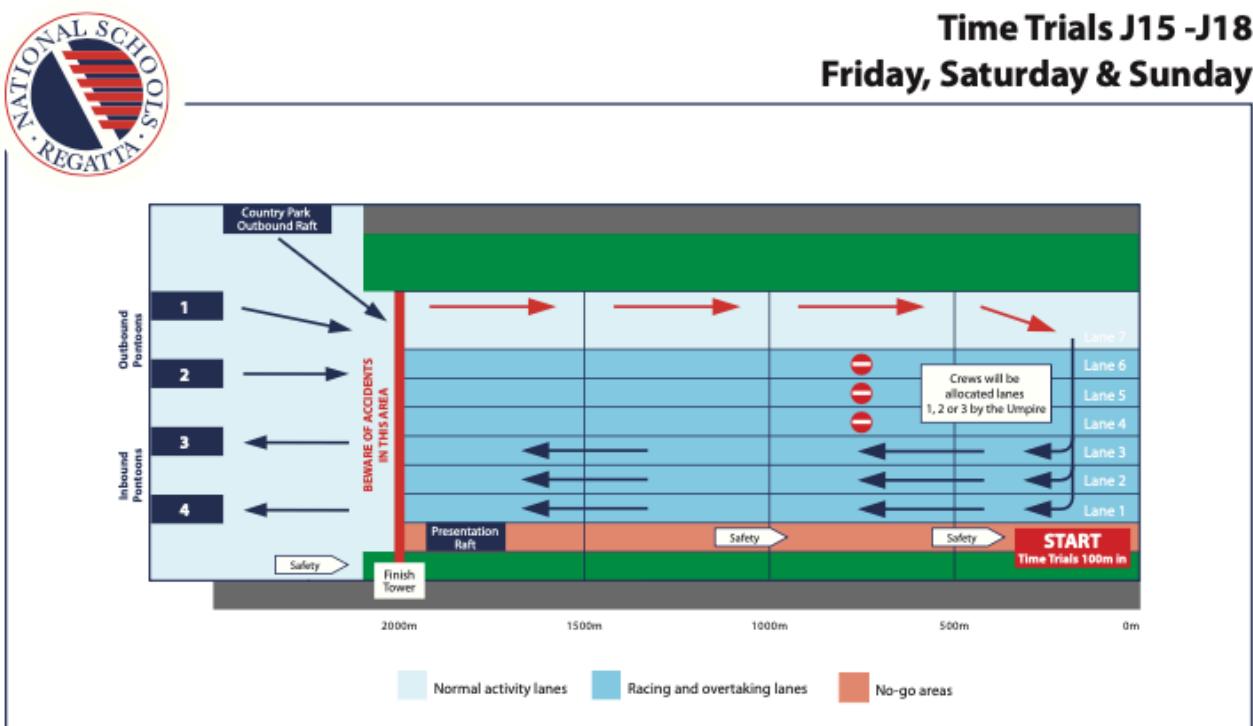
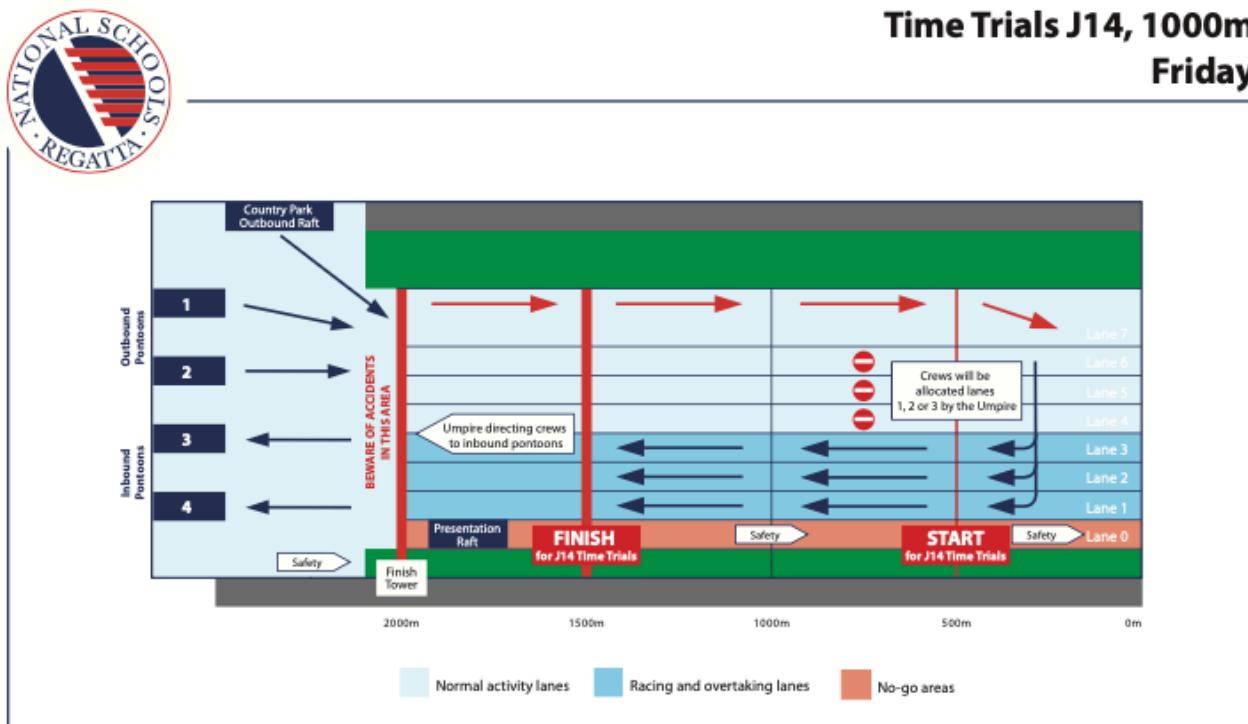


## Appendix A – Circulation Patterns

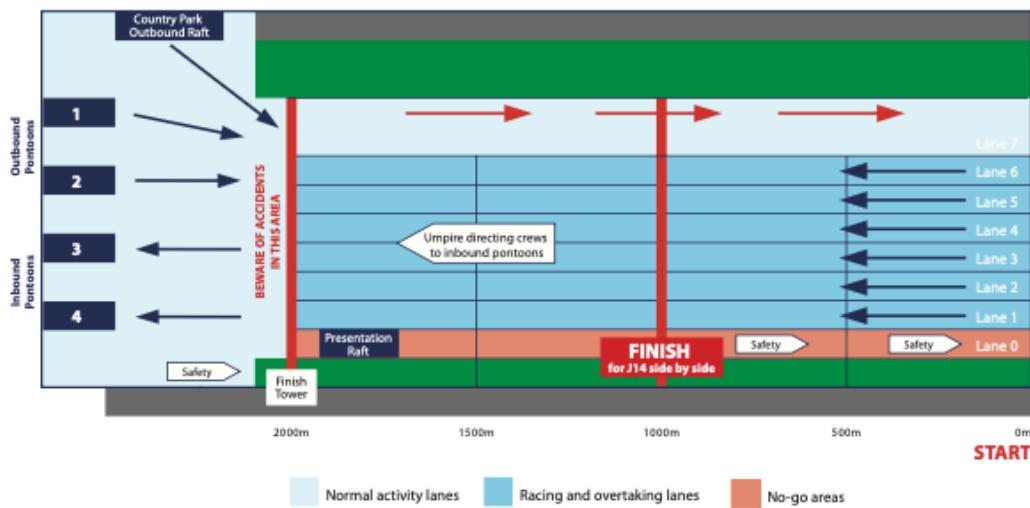
# THERE IS NO PRACTICE BEFORE RACING

*Crews shall not go afloat no earlier than 40 minutes before their race.*

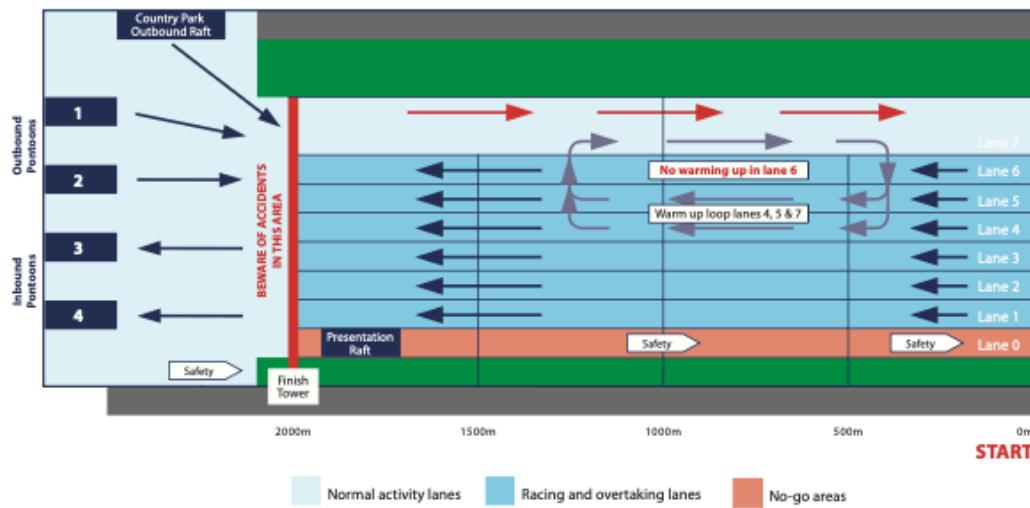




## Side by Side J14, 1000m Friday



## Side by Side Racing J15 - J18 Friday, Saturday & Sunday



## **Points of Danger**

1. The pontoons on the side of the course past the Finish Tower should not be used by any crews.
2. Crews shall not do racing starts or bursts at high speed when close to other crews or when a race is going past.
3. Static crews in Lane 7 must be aware of the potential danger of being blown into the racing Lane 6 if there is a cross wind. Crews stopping in Lane 7 are advised to stay close to the bank.
4. Crews must take particular care of the stake boat mooring cable in Lane 7 beside the intermediate start.
5. Crews must take particular care when crossing the course to get to their allocated lane.
6. Crews must take particular care in the finish area to avoid collisions with other crews that have just finished and have been cooling down.

## **Appendix B – Marshalling Instructions**

Note that lakeside markers count down from the Start (2000m) to the Finish (0m)

### **Boating**

Crews go afloat to race using the outward pontoons in the main boating area. The other pontoons on the southern shore of the course towards the finish tower are not for the general use of competitors.

### **Time Trials**

Crews will proceed to the start in lane 7 where they will be directed to lane 1,2, or 3 by an umpire. Lanes 4, 5 and 6 are out of bounds. The J14 time trial will be timed from the 1500m mark i.e. 500 gone down to the 500m mark i.e. 1500 metres gone. The J15 - 18 time trial will start 100m from the start and run down to the Finish Tower.

### **Racing:**

1000m racing (J14) Crews will proceed to the start in lane 7 under the direction of marshalls on the bank. Once it is judged safe to do so, crews will be directed into their lane where they will back down to attach to the start pontoon.

2000m racing (J15-18) – Crews will proceed to the start in lane 7. They may warm up in a clockwise direction in lanes 4 & 5 between the 1500m and 750m markers, by turning into lanes 4 or 5 at the 1500m marker and then warming up in the racing direction only, turning back into lane 7 at the 750m marker. Crews will be under the instructions of marshalls both on the bank and on the water. When the Starter calls the race, crews will paddle across the course in order to their assigned racing lane and back down to attach.

### **Cooling down**

Cooling down on the water is not permitted. Crews are requested to cool down on land after disembarking.

### **Disembarking**

Crews shall only use the inward rafts when coming ashore after racing. The other pontoons on the southern shore of the course towards the finish tower are not for the general use of competitors. Take care in the finish area to avoid collisions as crews merge from racing and from medal ceremonies.

### **Prize Winners**

If a crew is to be awarded a medal, crews must make their way directly to the Presentation Pontoon and when complete, proceed to the disembarkation pontoons.